

# BMLAC News

**Edition 6**

**Friday 15<sup>th</sup> December 2023**

## President's Piece

Welcome to the final edition of the BMLAC newsletter for 2023 and what a start to the season it has been. A massive thank you to all those parents who have volunteered each week to ensure events go ahead and aren't cancelled. A massive thank you to all Committee members for their continued efforts to ensure our club runs smoothly week in week out. Remember without volunteers our club doesn't run.

We have a couple of events on before the end of the year:

- 14th Dec Thursday night Centre training will be conducted for games and fun. This won't be the usual training session.
- 15th Dec is Twilight meet on Modified program 1(b). We are lucky enough to have a visit from Santa who will be taking time out from his busy schedule delivering presents to visit all the athletes from BMLAC. Remember to wear something festive just don't forget your tag.
- Dolphins you are on set up this Friday night. Boomerangs you are on pack.
- 16th Dec Saturday is the State Relay Championships being held at Lakeside Stadium. We wish all those BMLAC teams/athletes competing at this event the best of luck. We know you'll go out there and do your absolute best.
- Our first meet back is 20<sup>th</sup> Jan 2024 with Blues on set up and Dolphins on pack up.

Let me take the time now to wish everyone a happy, safe and Merry Christmas and new year period on behalf of the BMLAC committee. We all hope you get the time to spend it with your families weather that be at home or away. We look forward to seeing you all again for the start of the second half of the season in 2024.

**Brett Edwards,  
BMLAC President.**



## Twilight Meet – Fri 15<sup>th</sup> Dec



Our final meet for the year will be held this Friday 15<sup>th</sup> December at 5pm. We will be expecting a special visit from Santa during our competition.

## BBQ at Twilight Meet

Sausages, hamburgers and veggie burgers will be available from the Canteen at our Twilight Meet on Friday evening.



## State Relays

BMLAC will now have 14 teams competing at the 2023/24 Commonwealth Bank State Relay Championships next Saturday 16th December 2023 at Lakeside Stadium. Good luck to all athletes and coaches.

- Mixed 4x100m Under 09
- Girls 4x100m Under 10
- Girls 4x200m Under 10
- Girls Medley Under 10
- Girls 4x100m Under 11
- Girls 4x200m Under 11
- Girls Medley Under 11
- Mixed 4x100m Under 11
- Boys 4x100m Under 14
- Mixed 4x100m Under 14
- Mixed 4x200m Under 14
- Boys 4x100m Under 15
- Boys 4x200m Under 15
- Boys Medley Under 17

Final Timetable [HERE](#)  
Live Stream [HERE](#)

## Championship Day attendance qualification

Centre Championships are contested on the final day of the season. To be eligible for Centre Championships children must compete in at least half the available meetings before Christmas (from the time of registration with the Centre) and half the available meetings after Christmas. Athletes must be registered by 31 December.

Athletes who are at risk of not qualifying have been contacted by Club team managers.

## State Combined Event

The 2023/24 State Combined Event Championships will take place at Lakeside Stadium, Albert Park on Saturday 20<sup>th</sup> and Sunday 21<sup>st</sup> January 2024.

Athletes in the Under 9-17 age groups are eligible to participate.

The Combined Event consists of between four and seven separate disciplines depending on which age group a child is in. Events consisting of four or five disciplines will be held on one day. Events consisting of more than five disciplines will be held on two consecutive days.

**Entry Fee:** \$50

**Registrations Close:** Thursday 14th December

Full details and registration portal [HERE](#)

## Open Days

Little Athletic Centre throughout Victoria conduct Open Days at which all registered athletes may compete. Centre uniform is to be worn at all Open Days and can be arranged with Gina in the Office.

Open Day entry forms [HERE](#)

## Set-Up and Pack-Up Duty

Set-up duty is from 7.30am (4pm on Twilight Meets) and Pack-up duty is when all competition has been completed.

Meeting Date	Set Up Duty Club	Pack Up Duty Club
Fri 15th Dec	Dolphins	Boomerangs
Sat 20th Jan	Blues	Dolphins

## Coming Events

Dec 14 State Combined Event entries close  
Dec 15 Twilight Meet – Modified Program 1b  
Dec 16 [State Relays – Lakeside Stadium](#)  
Jan 20 Little Aths returns in 2024  
Jan 20/21 [State Combined Event](#)