

# BMLAC News



**Edition 8**  
**Saturday 3<sup>rd</sup> February, 2024**

## President's Piece

Welcome to this edition of the BMLAC newsletter and don't we have a few events coming up over the next few weeks, starting with:

- Maryborough Open Day - February 4<sup>th</sup>

All families who are going please ensure you pack sunscreen and some sort of shade. The weather prediction is currently at 38 degrees so, it'll be a very hot day. Keep an eye out for our Facebook page in case of any last minute changes.

Also don't forget to pack your bathers and a towel for our traditional swim after the open day.

- Twilight Meet - Friday 9th February with Modified program 1a
- Region Track and Field Carnival Day 1 Saturday 10th February at Williamstown
- Region Track and Field Carnival Day 2 Sunday 11th February at Williamstown

All those families participating in either open days or region track and field events, don't forget to see Gina in our office to hire out a Centre singlet. \$25 cash is required which will be returned to you upon return of the singlet.

Don't forget Blues are on set up this Saturday and Dolphins on pack up. Please can all families assist with the set up and pack up at events. The more

hands helping the quicker it will be. Same goes for volunteering at events also. The more volunteers we have the smoother and quicker all of our events will be. If we have any reservations or doubts about volunteering please see our Track and Field manager Andy, our Officials Billy or Justin, or any Committee member and they will help guide you through any event.

Just a reminder to all families that unless you are volunteering at an event or chaperoning age groups, you can not enter the infield or be at any events. Can you please remain in the teams area and canteen area of the arena.

**Brett Edwards,**  
**BMLAC President.**



## Records and Ranking

Congratulations to Alexis Farrell (Boomerangs) who set a new Girls Under 11 Shot Put record of 10.33 metres on January 20. Alexis bettered her previous record by a whopping 1.39 metres.

Well done on your hard work and determination Alexis. We look forward to watching you at the upcoming Region Carnival.



## State Combined Event

Congratulations to the 7 Bacchus Marsh athletes who represented the Centre on January 20/21 at the State Combined Event.

### Girls Under 09 5 Event CE:

Mia Dutt 474pts 35th: Shot Put: 3.96m (88pts); Long Jump: 2.96m (139pts); 100m: 17.60 (61pts); 800m: 3:48.49 (54pts); 60m Hurdles: 13.68 (132pts);

Harbin Kaur Aujla 444pts 41st: Shot Put: 3.49m (72pts); 800m: 3:22.46 (126pts); 60m Hurdles: 14.27 (102pts); Long Jump: 2.75m (124pts); 100m: 18.94 (20pts);

### Boys Under 14 6 Event CE:

Patrick Lovett 1315pts 26th: 90m Hurdles: 19.31 (86pts); 100m: 14.42 (236pts); High Jump: 1.30m (265pts); 800m: 2:42.70 (288pts); Discus: 17.02m (202pts); Long Jump: 4.19m (238pts);

### Boys Under 12 5 Event CE:

Harrison Lovett 929pts 35th: Long Jump: 3.89m (212pts); 80m Hurdles: 17.19 (113pts); 800m: 3:06.70 (183pts); Discus: 17.79m (212pts); 100m: 14.81 (209pts);

### Boys Under 11 5 Event CE:

Harry Holland 761pts 43rd: 100m: 15.92 (141pts); Discus: 13.19m (154pts); Long Jump: 3.13m (152pts); 80m Hurdles: 17.67 (92pts); 800m: 2:57.15 (222pts);

### Boys Under 09 5 Event CE:

Jacob Cassar 649pts 38th: 60m Hurdles: 13.18 (159pts); Long Jump: 3.12m (151pts); 800m: 3:35.83 (86pts); Discus: 12.04m (139pts); 100m: 16.42 (114pts).

Kobi Hehir 648pts 39th: Long Jump: 3.20m (157pts); Discus: 9.44m (107pts); 800m: 3:25.76 (115pts); 100m: 17.06 (84pts); 60m Hurdles: 12.72 (185pts);

## Training

Centre training will recommence this Thursday 1<sup>st</sup> February.

Under 6-10 at 4.30-5.15pm – Shot Put, Long Jump and Running

Under 11-17 at 5.15pm to 6pm – Shot Put and Running.

## Maryborough Open Day

Good luck to the following 42 athletes who will represent the Centre this Sunday at the Maryborough Open Day - Willow Blokland, Mannat kaur Deol, Ariyah Jreige, Angad Singh Aujla, Charlee Attard, Millicent Johansen, Scarlett Tatchell, Jordy Fenwick, Jaz Ferreira, Brodie Jriege, Matilda Askew, Olive Blokland, Arijana Brown, Blaithe Fletcher, Bowie Clarke, Angus Jacobsen, Harbin kaur Aujla, Mia Dutt, Ruby Tatchell, Henry Booth, Jacob Cassar, Atlas Ferreira, Kobi Hehir, George Jacobsen, Lyla Clark, Eleni Fenwick, Ayrlie Fletcher, Evelyn Grant, Harry Johansen, Anni Clarke, Alexis Farrell, Lexi Stapleton, Joshua Askew, Miller Clark, Angus Norman, Evrah Fletcher, Ruby Blokland, Mathilde Grant, Lily Norman, Keira Stapleton, Emma Stewart, Samuel White.

## Centre Singlets needed this week

Any athletes who have kept Centre singlets for Region track & field and who are not going to the Maryborough Open Day, can you please return it on Saturday as we're low on some sizes, especially need sizes 10, 12 and 16/18. These will be redistributed for Region.

## Region Track & Field Carnival

Good luck to the following athletes competing at the Region Track & Field Carnival on February 10/11 at Williamstown - Tait Ash, Henry Booth, Jacob Cassar, Hunter Robinson, Cohen Mills, Joshua Askew, Miller Clark, Harry Holland, Angus Norman, Liam Way, Ezekiel Horne, Harrison Lovett, Jordan Moore, Patrick Lovett, Nicholas Mai, Caleb Hurst, Nicholas Ibrahim, Max Schoemaker, Alex Lloyd, Samuel White, Harbin kaur Aujla, Mia Dutt, Tara Singh, Isabelle Way, Mya Berryman, Lyla Clark, Evelyn Grant, Nyah Halfhide, Emilia Ibrahim, Eni Olaitan, Skyla Berryman, Anni Clarke, Alexis Farrell, Lexi Stapleton, Halo Arahanga, Tahlia Hunter, Myah Estlick, Mathilde Grant, Elie Holland, Lily Norman, Keir Stapleton, Mackenzie Estlick, Emma Stewart.

Draft Timetable [HERE](#)

## Championship Day Entries Now Open

The BMLAC Championship Day will be held on Saturday 23<sup>rd</sup> March at Masons Lane Reserve. All registered athletes who have met the eligibility criteria (see entry form) are invited to enter.

**Time:** All athletes must arrive at 8.15am.

**Events:** Athletes may choose 3 track and 2 field events OR 2 track and 3 field events.

**Uniform:** All competitors must wear correct Club uniform and Commonwealth Bank registration name tag.

**Medals:** Medals will be awarded to the first three placegetters in each final.

**Canteen:** The Canteen will be open all day. BBQ lunch will be available.

**Cost:** Entry is included in your registration fees.

**Close of Entries:** Please submit entry forms to your Team Manager as soon as possible. Entry forms must be received no later than Saturday 24<sup>th</sup> February.

[CHAMPIONSHIP DAY ENTRY FORM HERE](#)

## Maurie Plant Meet

The World Athletics Continental Tour Gold series is the uppermost level on the World Athletics Continental Tour calendar, sitting just under the Diamond League in status. Each meet attracts the best athletes across the globe, with 14 existing meets offered in Africa, Europe, Asia and Oceania.

The Maurie Plant meet is supported by the Victorian Government via Visit Victoria and conducted within Athletics Australia's Chemist Warehouse Summer Series.

Tickets for the Maurie Plant Meet – Melbourne to be held at Lakeside Stadium on February 15 can be purchased [HERE](#).

LAVic members and families are being offered 10% off the price of entry. Use the password 'LAV10' when purchasing tickets online.

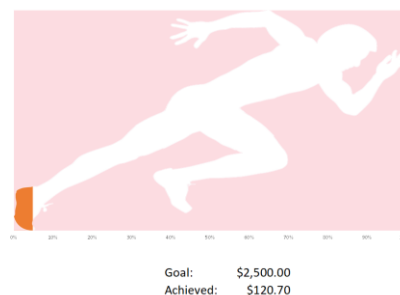


## Container Deposit Scheme

Thank you to members who have participated in the CDS and raising funds for the Centre.

Please continue to deposit your containers or drop them off to the bins provided at little aths. All money raised will be directly transferred to the BMLAC account.

Fundraising Thermometer



## Set-Up and Pack-Up Duty

Set-up duty is from 7.30am (4pm on Twilight Meets) and Pack-up duty is when all competition has been completed.

Meeting Date	Set Up Duty Club	Pack Up Duty Club
Fri 9th Feb	Boomerangs	Eagles
Sat 17th Feb	Dolphins	Boomerangs
Sat 24th Feb	Blues	Dolphins
Sat 2nd Mar	Eagles	Blues
Fri 8th Mar	Boomerangs	Eagles
Sat 16th Mar	Dolphins	Boomerangs
Sat 23rd Mar	Committee	Committee
Sat 27th Jan	Eagles	Blues

## Coming Events

- Feb 3 BMLAC competition Program 3
- Feb 4 [Maryborough Open Day](#)
- Feb 9 BMLAC competition Twilight Meet
- Feb 10/11 [Region Track & Field Carnival](#)
- Feb 15 [Maurie Plant meet](#)
- Feb 17 BMLAC competition Program 4
- Feb 24 BMLAC competition Program 1
- Feb 24 BMLAC Championship Day entries close

Mar 2	BMLAC competition Program 2
Mar 2	Royal Children's Hospital Lap for Kids
Mar 8	BMLAC competition Twilight Meet
Mar 9/10	State Track & Field Championships
Mar 16	BMLAC competition Program 3
Mar 16	Bendigo Bank 100m Gift
Mar 23	BMLAC Championship Day
Mar 24	BMLAC Alternative C/Ship Day