

BMLAC News



Edition 9
Saturday 17th February, 2024

President's Piece

Welcome to this edition of the BMLAC newsletter where I will briefly touch on all things BMLAC. Over the weekend we saw our Western Metro Region Track and Field carnival held at Williamstown. BMLAC were represented by 43 athletes who performed to their best over the two days of competition with extremely hot conditions to contend with. BMLAC athletes came home with 13 gold medals, 10 silver medals and 17 bronze medals in what was a successful event for those who attend. As the President it was extremely pleasing to watch over the two days of events all athletes push themselves and achieve personal best in their chosen events. A couple of standout PB's came from Under 10 Nyah Halfhide who set a new PB for herself in the 400m breaking her previous PB by 20 seconds, Under 13 Mathilde Grant set a new PB for herself in Discus eclipsing her previous best by nearly 5m, Under 16 Mackenzie Estlick setting a new Region record in the 100m, Under 15 Nicholas Ibrahim setting a new PB in javelin of 25.37m, Under 14 Nick Mai in Triple Jump with a new PB jump of 10.66m, Under 12 Halo Arahanga in Long Jump with a jump of 4.18m and Under 11 Anni Clarke with three PB efforts. First the 1500m smashing her previous PB by 34 seconds, secondly the 800m beating her previous PB by 7 seconds and thirdly in Discus with a throw of 24.41m. A massive congratulations to all athletes who represented BMLAC at the weekend. Your efforts were amazing and the experience you have gained will aid you in your future endeavors with Little Athletics.

Progression results will be out this week which will give everyone a clear indication who will progress through to State comps other than those who gold medaled in their events and have automatically qualified.

We have a few more events coming up listed below:

- Maryborough Open Day 25th Feb
All families don't forget to pack your bathers and a towel for our traditional swim after the open day.
- Twilight Meet Friday 8th March
- State Track and Field Carnival Day 1
Saturday 9th March at Casey Fields
- State Track and Field Carnival Day 2
Sunday 10th March at Casey Fields

All those families participating in any events coming up don't forget to see Gina in our office to hire out a Centre singlet. \$25 cash is required which will be returned to you upon return of the singlet. All those families who don't require their singlet anymore please return them to Gina for a full refund.

Don't forget Dolphins are on set up this Saturday with Boomerangs on pack up. Please can all families assist with the set up and pack up at events. The more hands helping the quicker it will be. Same goes for volunteering at events also. The more volunteers we have the smoother and quicker all our events will be. If we have any reservations or doubts about volunteering, please see our Track and Field manager Andy or our Officials Billy or Justin or any committee member and they will help guide you through any event.

Just a reminder to all families that unless you are volunteering at an event or chaperoning age groups you cannot enter the infield or be at any events. Can you please remain in the team's area and canteen area of the arena.

**Brett Edwards,
BMLAC President.**



This was my last year representing BMLAC at Regions, and to come home with 4 gold medals and 2 Region records was amazing! It was also great to see so many athletes representing the Club this year and walk away with so many personal bests and medals.

I would like to thank Amanda and Alli for managing the team, Linda for her amazing photos, and Leon for running around crazily coaching the kids.

Mackenzie Estlick



Region Track & Field Carnival

43 athletes represented the Centre at the Western Metro Region Track & Field Carnival at Newport Athletics Track, Newport over the weekend.

Bacchus Marsh had an extremely successful Carnival winning 13 Gold, 10 Silver and 17 Bronze medals.

After winning their events, the following athletes have automatically qualified for the State Championships to be held at Casey Fields on March 9 & 10 – Mackenzie Estlick (100m, 200m, Long Jump, Shot Put), Skyla Berryman (100m, 200m), Anni Clarke (1500m), Alexis Farrell (Shot Put), Mya Berryman (70m, 100m), Nyah Halfhide (400m), Sam White (1500m, Javelin).

Little Athletics Victoria will announce further progressions later in the week. Some very impressive results should see Bacchus Marsh well represented at the State Championships.

Thank you to all parents who completed their duties over the weekend. This year we had a large number of positions to fill, and we thank everyone for volunteering, especially in such warm conditions.

Many thanks to Amanda Lovett and Alli Grant, our Team Managers, who insured all athletes were prepared and in marshalling for their chosen events.

The support our athletes received over the weekend was amazing – thank you!

Full Results [HERE](#)

State Track & Field Championships

The 2023/24 State Track and Field Championships will be held at Casey Fields, Cranbourne on Saturday 9th and Sunday 10th March 2024.

Draft Timetable [HERE](#).

Athletes have the opportunity to purchase a 2024 State Track & Field Championships commemorative shirt to mark the occasion.

Event Pickup Shirt Orders will close 11am Tuesday 5th March 2024.



Order Now [HERE](#)

Return of Centre Singlets

Athletes who hired a Centre singlet for Region Track & Field and do not require it for the State Championships, please return your singlet to the Office this Saturday and collect your refund. These singlets are required for the Maryborough Open Day.



Maryborough Open Day rescheduled

The Maryborough Open Day has been rescheduled for Sunday 25th February.

If you had previously registered and can no longer attend, please email maryborough@lavic.com.au with your athlete details and they will organise a refund if applicable.

Registrations are re-opened for those not previously registered and are now able to attend the new date.

New registrations will be taken up until 11.59pm on Wednesday 21st February 2024.

If you had previously registered for the original date, your registration will carry over unless we are notified otherwise.

Please do not re-register.

Join the BMLAC Committee

The Centre AGM will be held on Wednesday 1st May where all positions will become vacant.

We have current Committee members finishing their time at BMLAC, so we need new members to join the Committee for the 2024/25 season.

If you are interested in nominating, please feel free to discuss positions with any of the current Committee.

Position descriptions can be found on our website [HERE](http://www.bacchusmarshlittleathletics.org.au).

Lost Property

The Lost Property tub is extremely full. If your child has misplaced items during competition day, please check the tub at the front of the office this week.

At the end of the season, items will be placed in charity bins.

Championship Day Entries Due February 24

The BMLAC Championship Day will be held on Saturday 23rd March at Masons Lane Reserve. All registered athletes who have met the eligibility criteria (see entry form) are invited to enter.

Time: All athletes must arrive at 8.15am.

Events: Athletes may choose 3 track and 2 field events OR 2 track and 3 field events.

Uniform: All competitors must wear correct Club uniform and Commonwealth Bank registration name tag.

Medals: Medals will be awarded to the first three placegetters in each final.

Canteen: The Canteen will be open all day. BBQ lunch will be available.

Cost: Entry is included in your registration fees.

Close of Entries: Please submit entry forms to your Team Manager as soon as possible. Or entries can be emailed to

info@bacchusmarshlittleathletics.org.au

Entry forms must be received no later than Saturday 24th February.

[CHAMPIONSHIP DAY ENTRY FORM HERE](#)

Set-Up and Pack-Up Duty

Set-up duty is from 7.30am (4pm on Twilight Meets) and Pack-up duty is when all competition has been completed.

Meeting Date	Set Up Duty Club	Pack Up Duty Club
Sat 17th Feb	Dolphins	Boomerangs
Sat 24th Feb	Blues	Dolphins
Sat 2nd Mar	Eagles	Blues
Fri 8th Mar	Boomerangs	Eagles
Sat 16th Mar	Dolphins	Boomerangs
Sat 23rd Mar	Committee	Committee
Sat 27th Jan	Eagles	Blues

Coming Events

Feb 17 BMLAC competition Program 4
Feb 24 BMLAC competition Program 1
Feb 24 BMLAC Championship Day entries close
Mar 2 BMLAC competition Program 2
Mar 2 Royal Children's Hospital Lap for Kids
Mar 8 BMLAC competition Twilight Meet
Mar 9/10 [State Track & Field Championships](#)
Mar 16 BMLAC competition Program 3
Mar 16 Bendigo Bank 100m Gift
Mar 23 BMLAC Championship Day
Mar 24 BMLAC Alternative C/Ship Day